

MOTOR CONTROL IN THE UPPER EXTREMITY AND ITS IMPLICATIONS FOR NEUROREHABILITATION

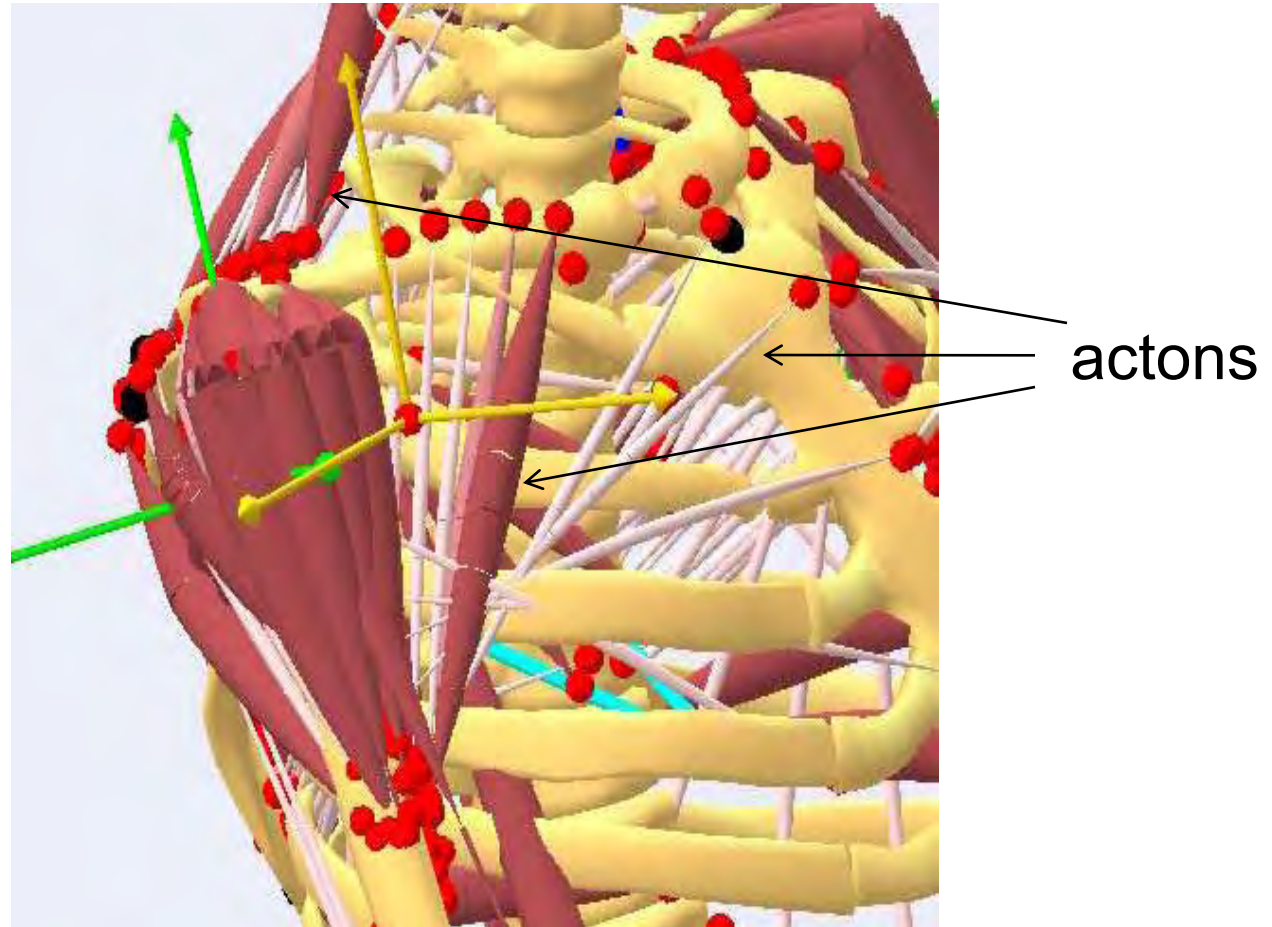
Boris I. Prilutsky

**School of Applied Physiology
Center for Human Movement Studies
Georgia Tech**

Talk Outline

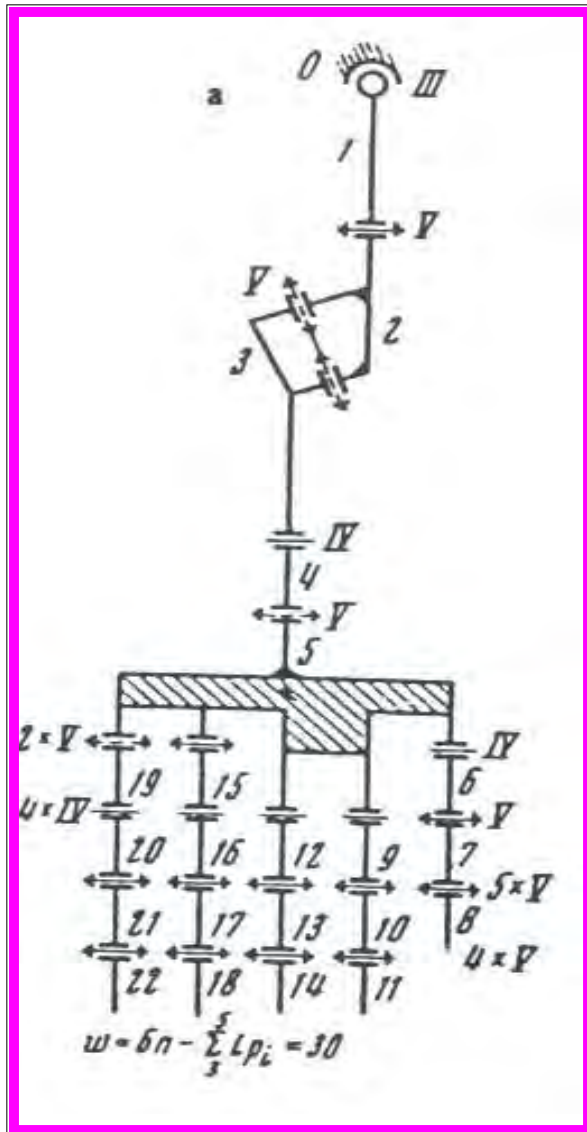
- Musculoskeletal redundancy
 - degrees-of-freedom problem
- Invariant characteristics of skilled arm movements
 - kinematics and kinetics
 - muscle activity
- Multi-joint control task in SCI individual
- Neuromechanical modeling
 - SIMM
 - AnyBody Technology
 - AnimatLab (GA State University)

Muscle redundancy



Rusmussen, 2004

Kinematic redundancy



- Human arm is highly redundant
 - 22 joints
 - 30 DOF
 - 66 actons
 - 264 acton actions
 - 3 actons/joint
 - 2.2/DOF
 - 12 acton actions / joint

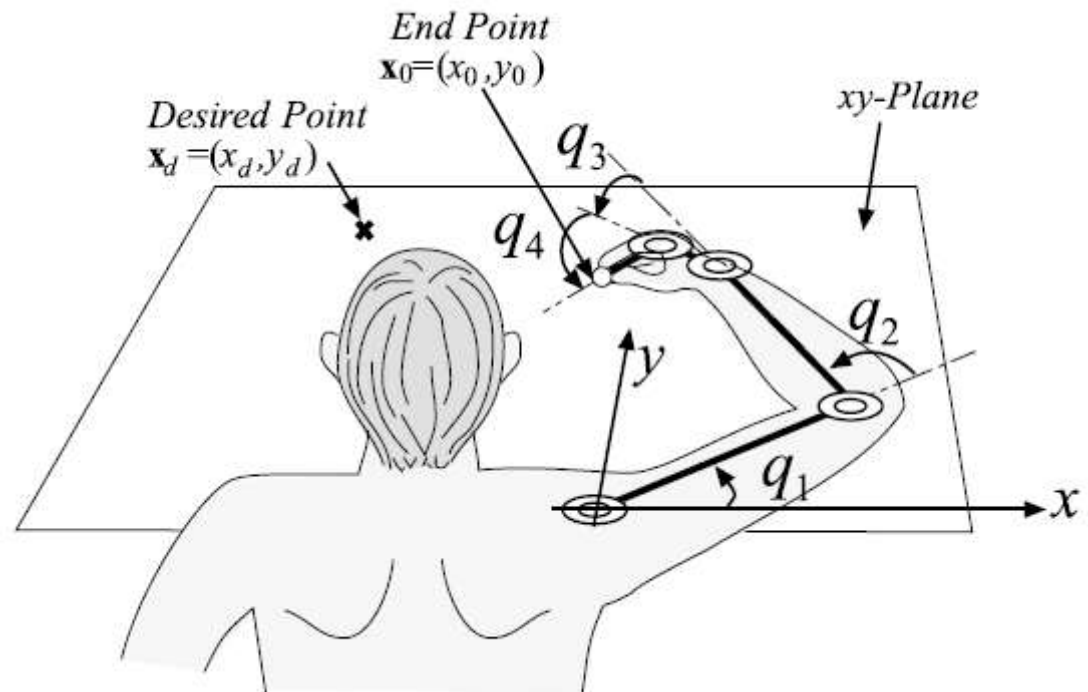
Degrees-of-Freedom Problem



**Nikolai A. Bernstein
(1896-1966)**

- **The degrees-of-freedom problem**

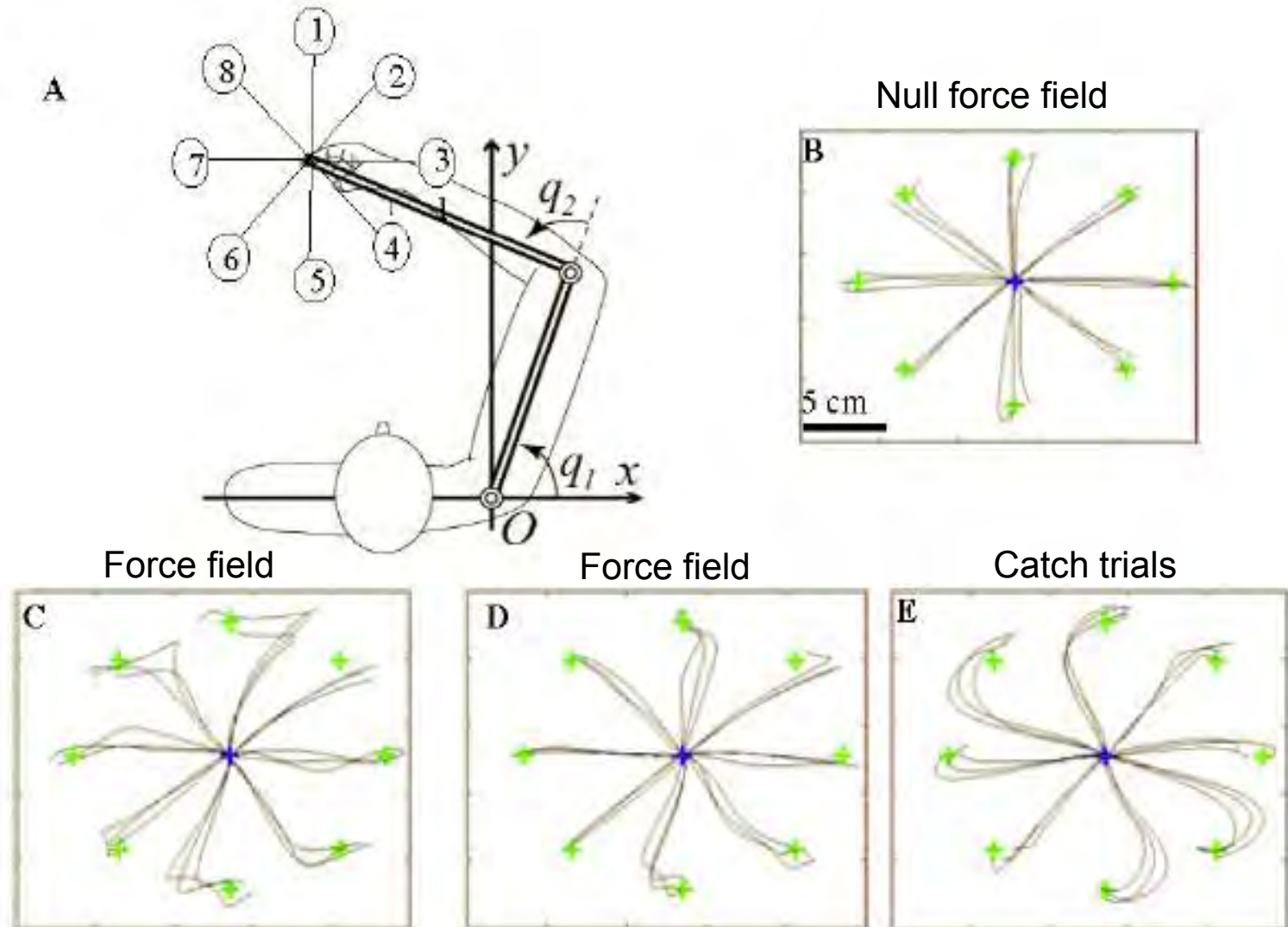
How does the nervous system specifies excessive degrees of freedom to execute movements ?



Arimoto, Sekimoto, Tahara (2010) *Robotics*,

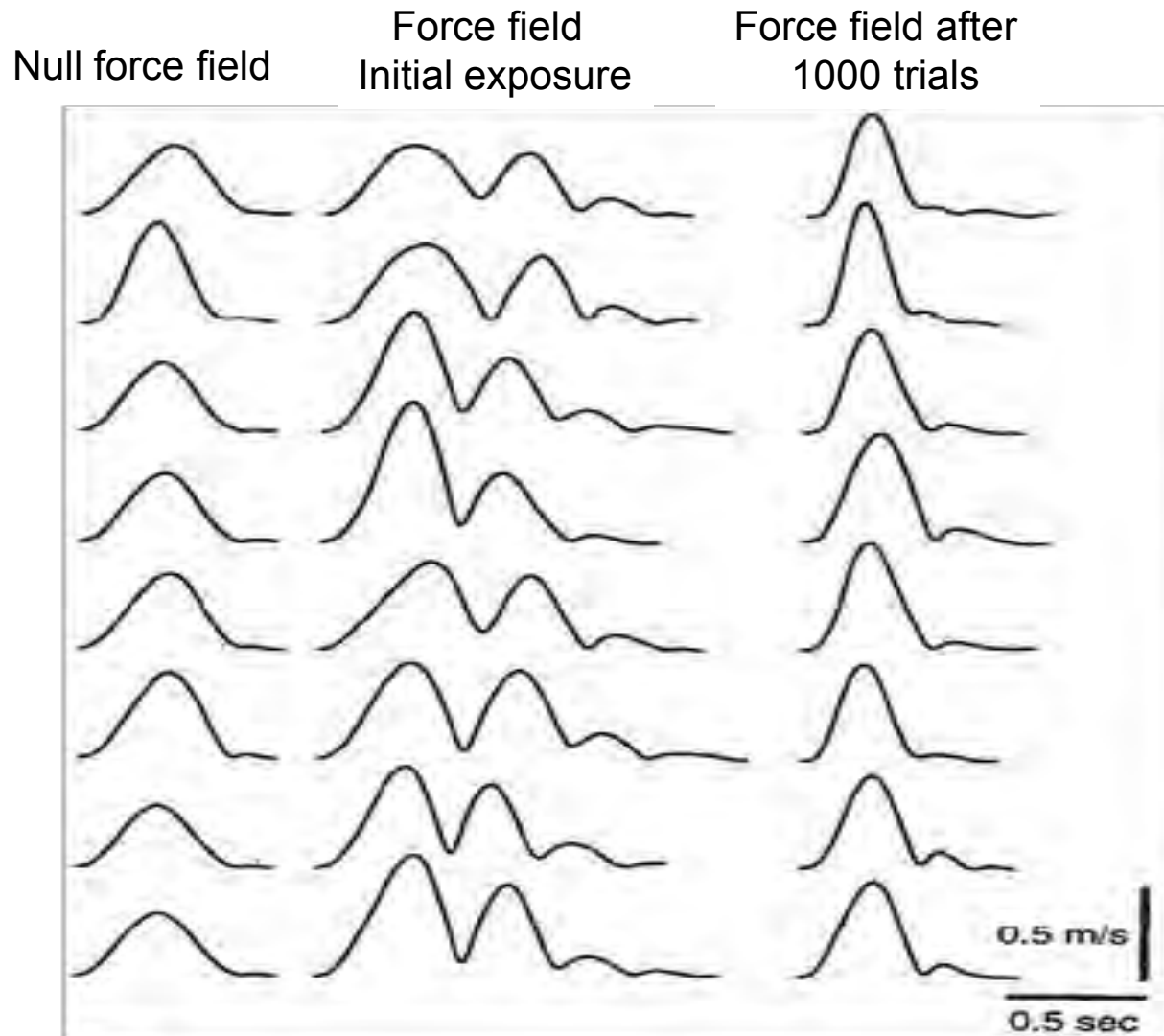
Invariant characteristics of human motion

- Straight-line hand trajectory



Invariant characteristics of human motion

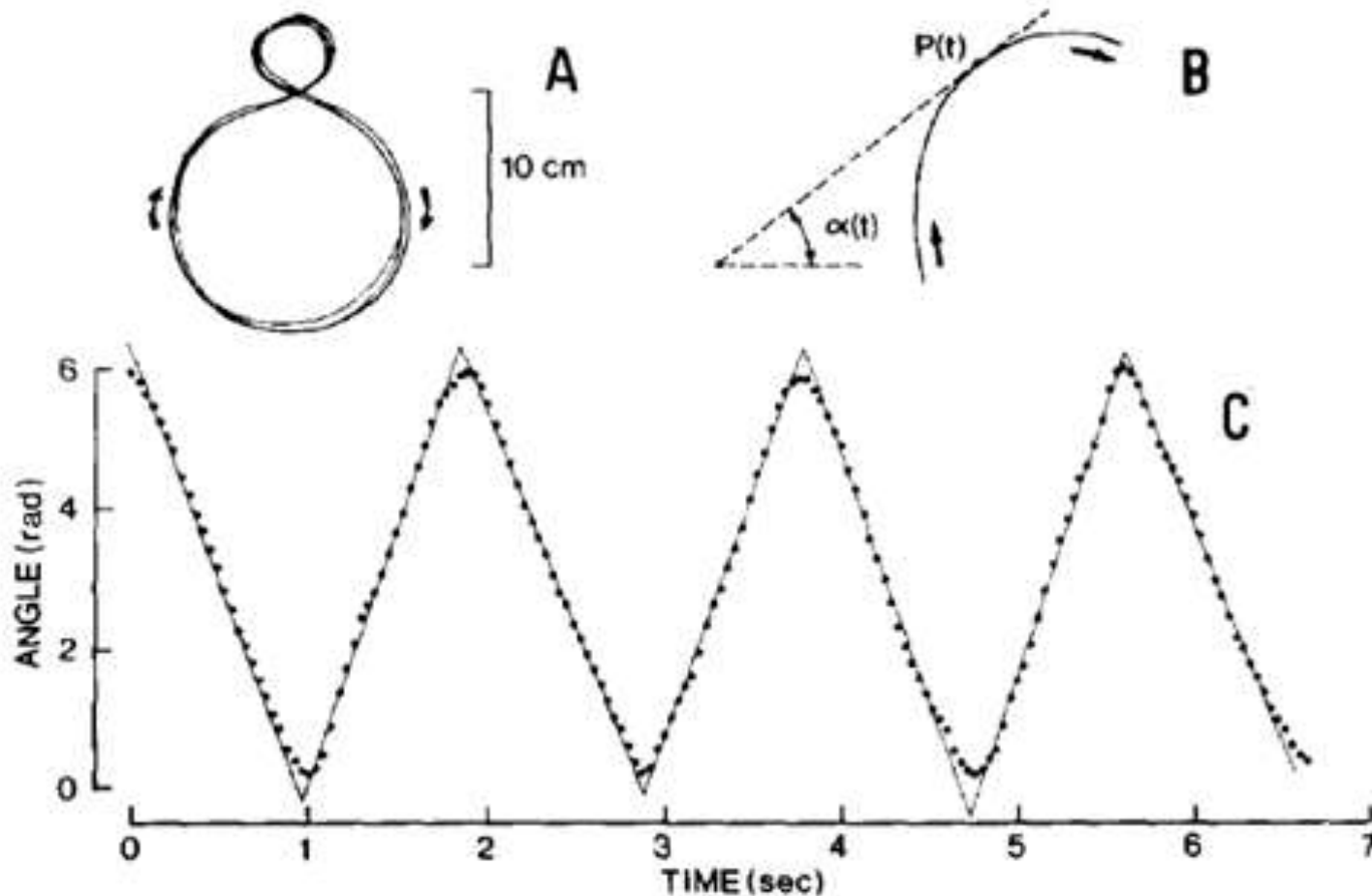
- Bell-shape hand velocity profile



Invariant characteristics of human motion

- The two-thirds power law

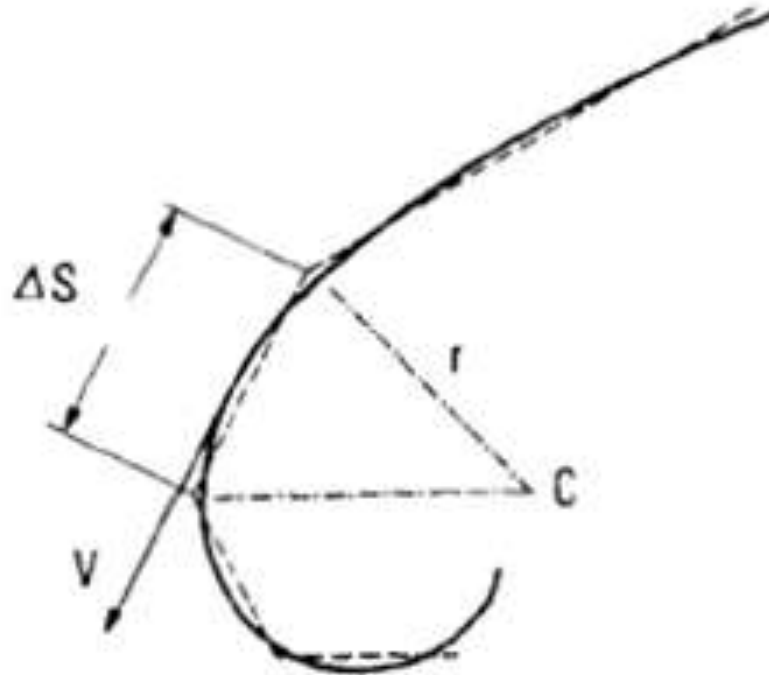
$$\dot{\alpha} = k \cdot C^{2/3}$$



Invariant characteristics of human motion

- The two-thirds paw law

$$\dot{\alpha} = k \cdot C^{2/3}$$



$$\frac{\Delta S}{r} \approx \text{const} \quad \Rightarrow \quad \frac{v}{r} \approx \text{const}$$
$$\frac{v}{\Delta S} \approx \text{const}$$

Invariant characteristics of human motion

- Fitts's law: speed- accuracy trade-off

$$MT = a + b \cdot \log_2 \left(\frac{2D}{W} \right),$$

MT – movement time

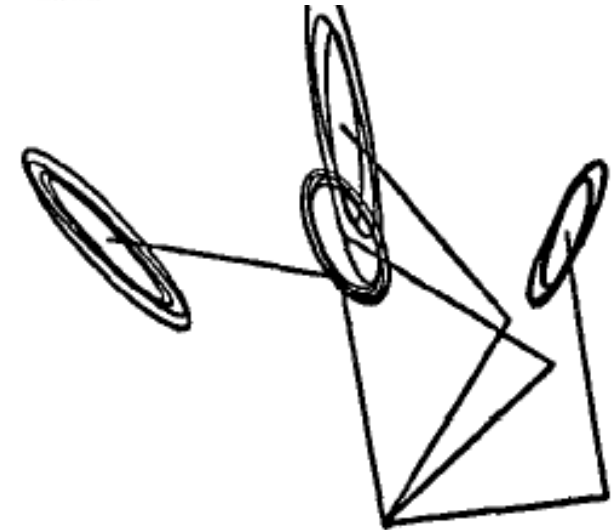
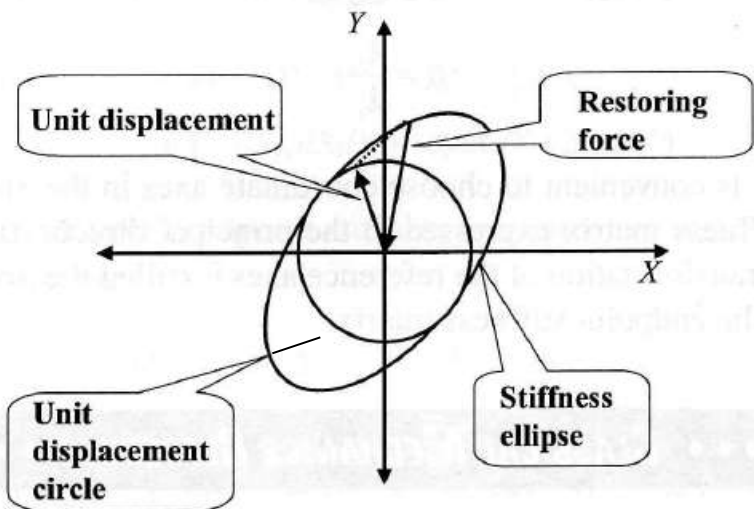
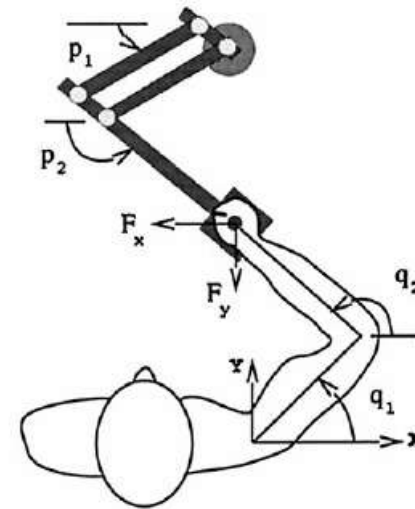
D – movement distance

W – width of target

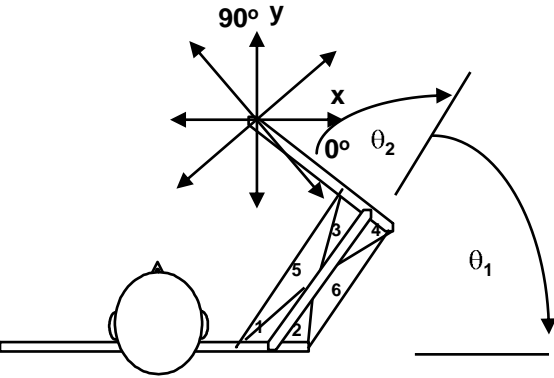
a, b – empirical constants

Invariant characteristics of human motion

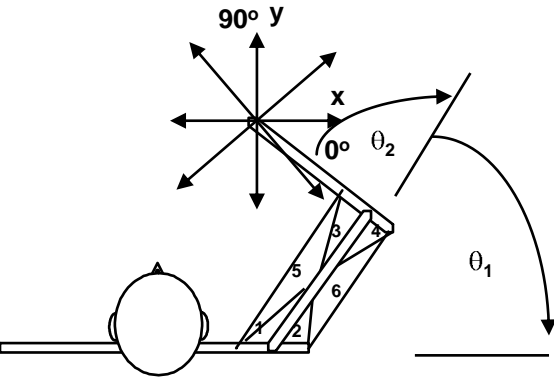
- Shape and orientation of arm stiffness ellipses



Invariant characteristics of human motion



Invariant characteristics of human motion



minimize objective function

$$\sum_{i=1}^6 (F_i/PCSA_i)^3$$

subject to $d\mathbf{M} = \mathbf{D}d\mathbf{F}$,

$$d\mathbf{F} \geq 0,$$

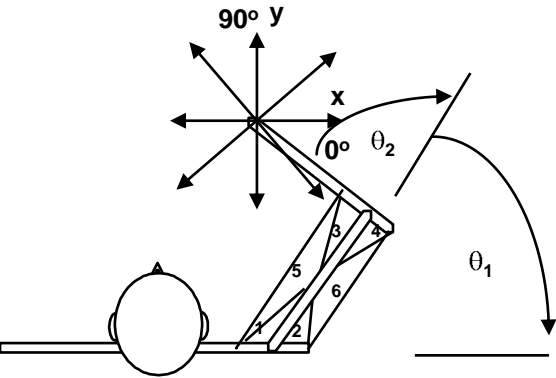
where

$d\mathbf{M}$, *joint moments*

\mathbf{D} , *muscle moment arms*

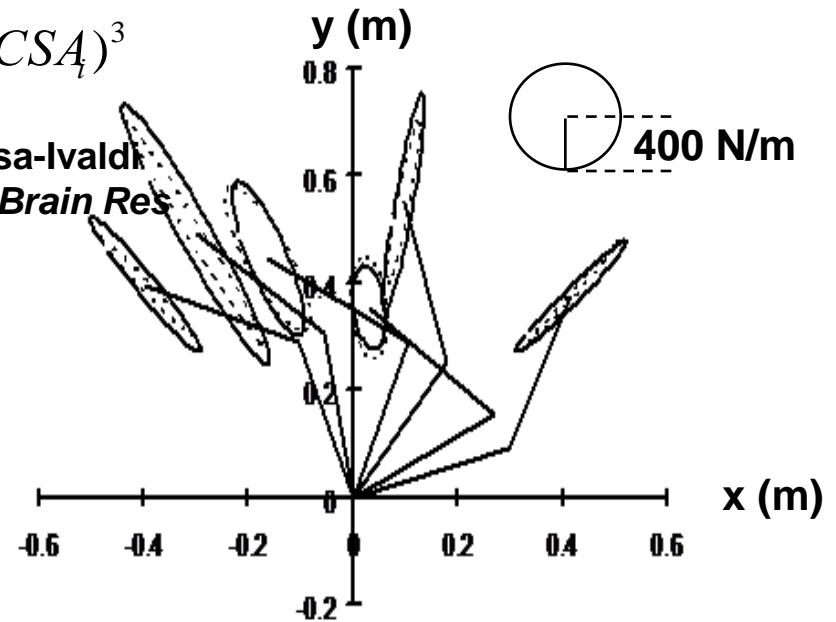
$d\mathbf{F}$, *muscle forces*

Invariant characteristics of human motion



$$\cdots \sum_{i=1}^6 (F_i / PCSA_i)^3$$

Flash, Mussa-Ivaldi
(1990) *Exp Brain Res*



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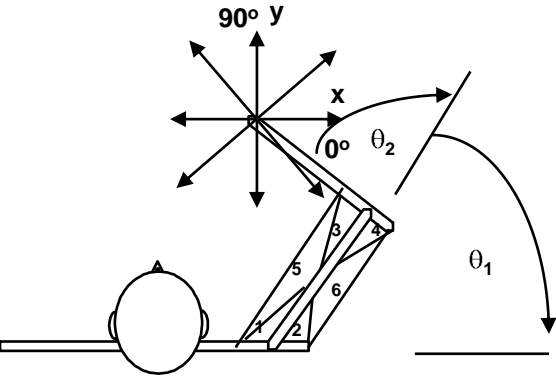
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$d\mathbf{M}$, joint moments

\mathbf{D} , muscle moment arms

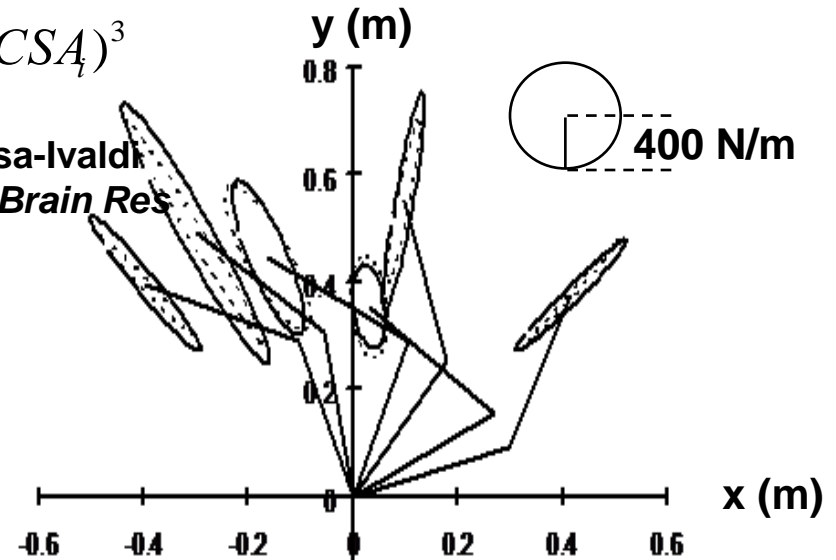
$d\mathbf{F}$, muscle forces

Invariant characteristics of human motion



..... $\sum_{i=1}^6 (F_i / PCSA_i)^3$

— Flash, Mussa-Ivaldi (1990) *Exp Brain Res*



minimize objective function

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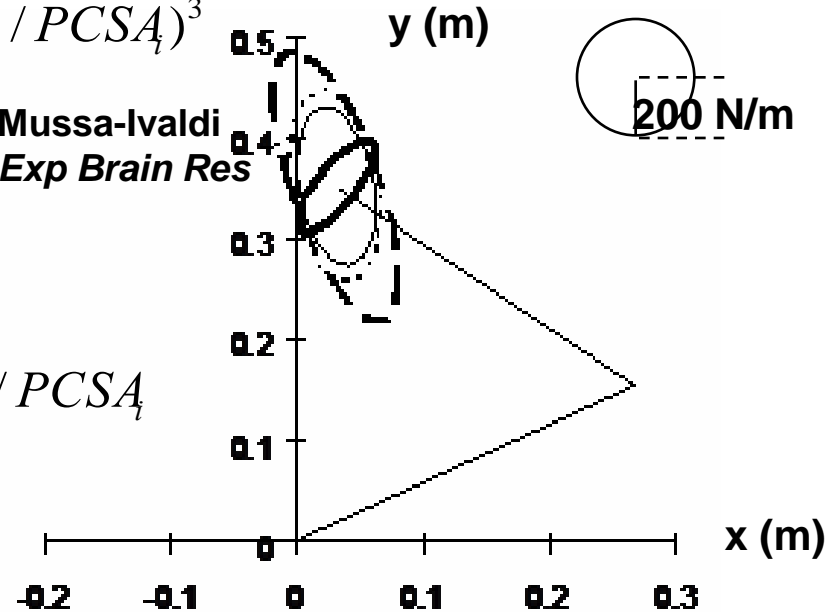
$d\mathbf{F}$, muscle forces

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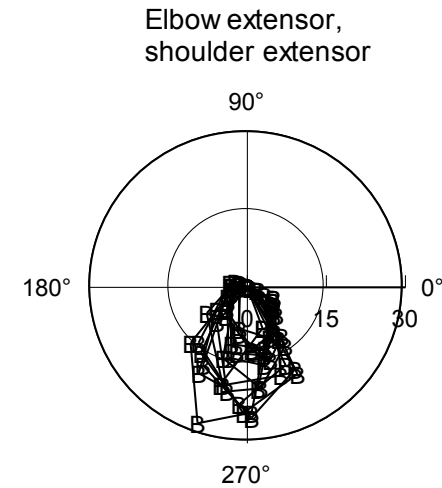
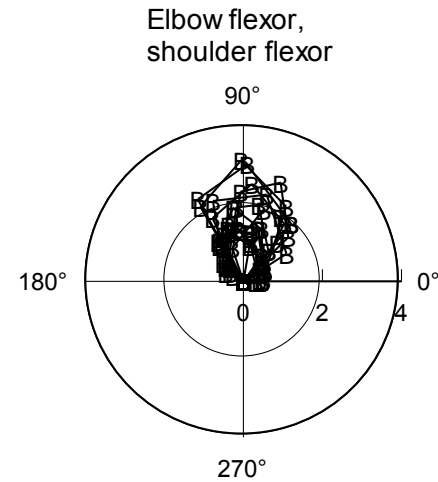
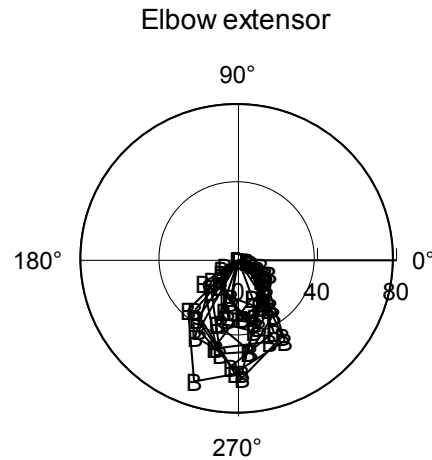
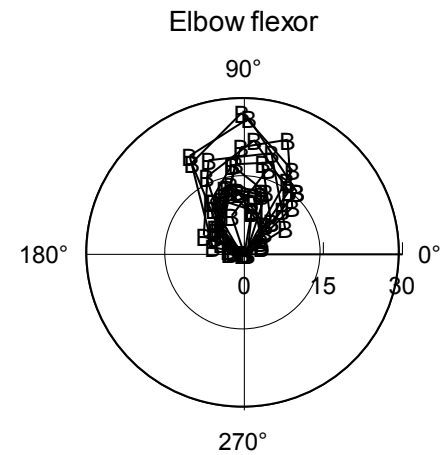
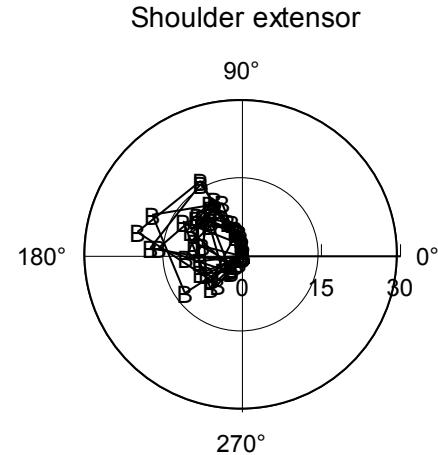
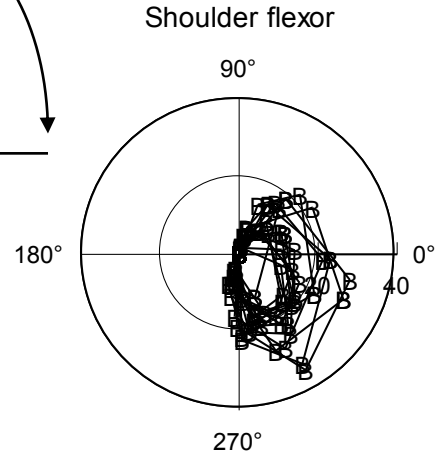
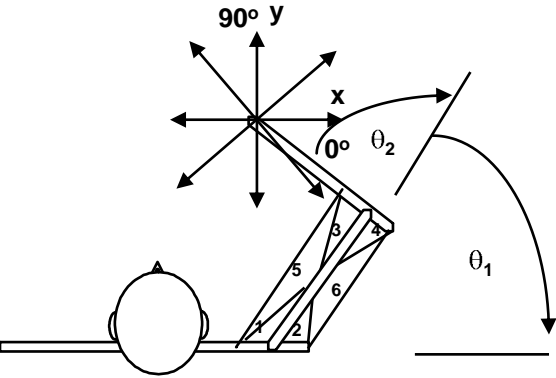
— $\sum_{i=1}^6 F_i^3$

- - $\sum_{i=1}^6 F_i / PCSA_i$



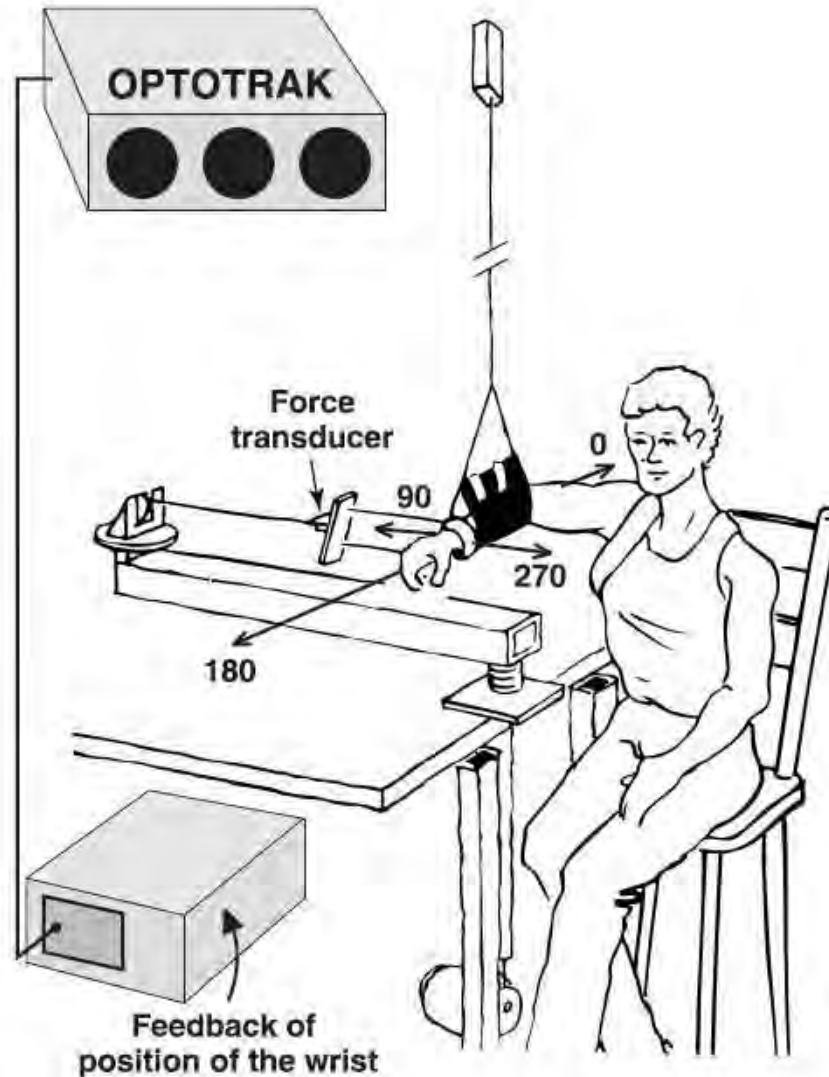
Invariant characteristics of human motion

- Broad muscle tuning – synergistic action



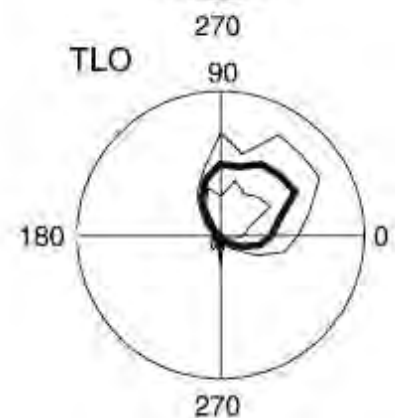
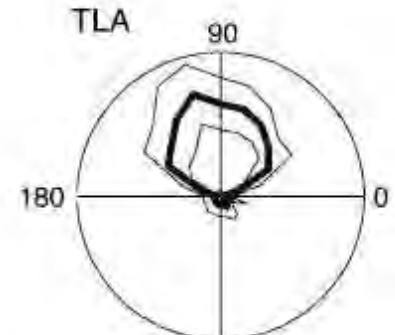
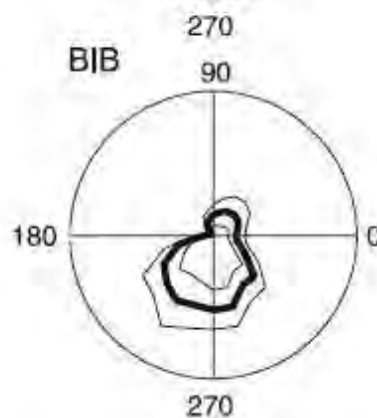
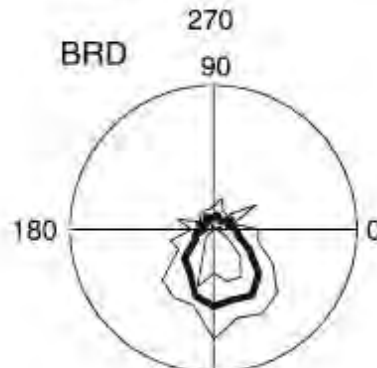
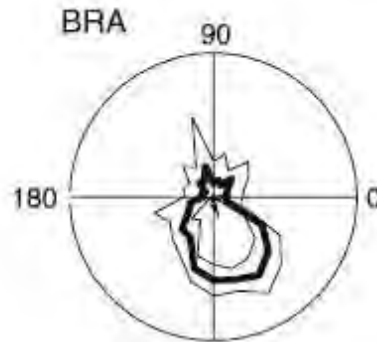
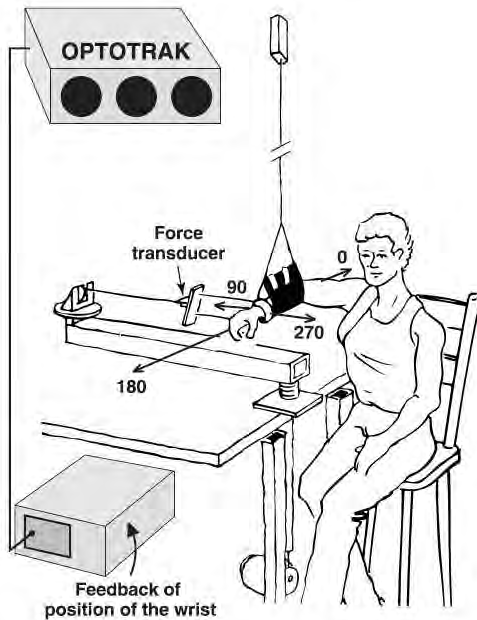
Invariant characteristics of human motion

- Broad muscle tuning – synergistic action



Invariant characteristics of human motion

- Broad muscle tuning – synergistic action



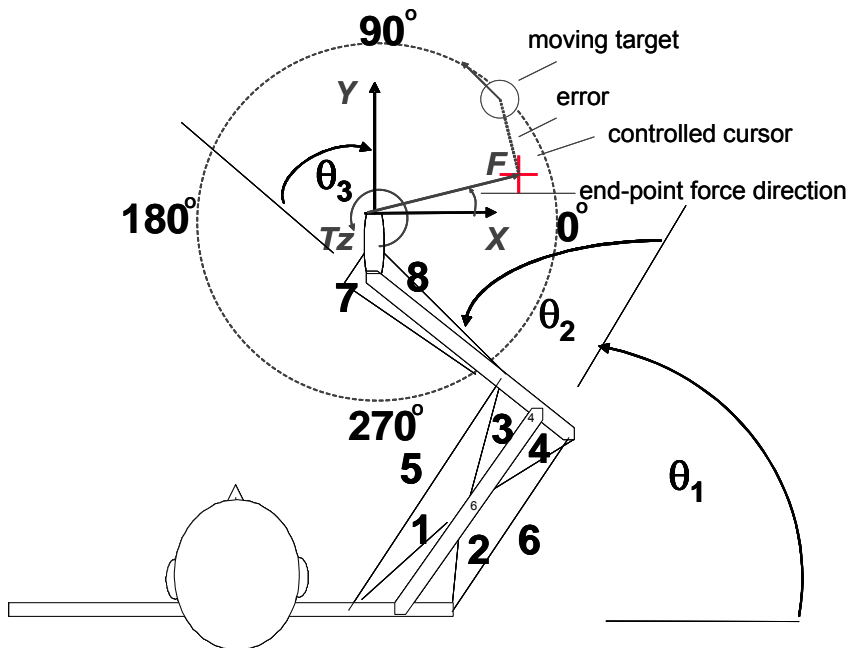
METHODS

- Subjects

| Group | Age (yr.) | Sex | Upper arm length (mm) | Fore arm length (mm) | Hand length (wrist to handle) (mm) | Time since injury (mo) |
|-------------|-------------------|-----|-----------------------|----------------------|------------------------------------|------------------------|
| C6-C7, N=6 | 30 _± 6 | M,F | 266 _± 26 | 257 _± 23 | 60 _± 28 | 18 _± 17 |
| Control N=6 | 27 _± 9 | M,F | 279 _± 23 | 258 _± 20 | 89 _± 10 | - |

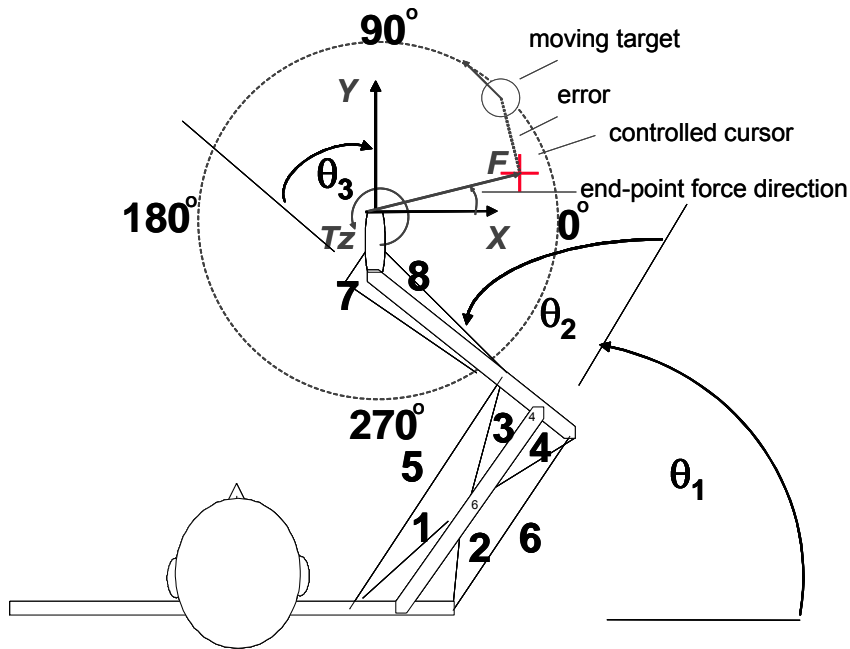
METHODS

- Data collection
 - handle forces and torque
 - EMG of 8 muscles



METHODS

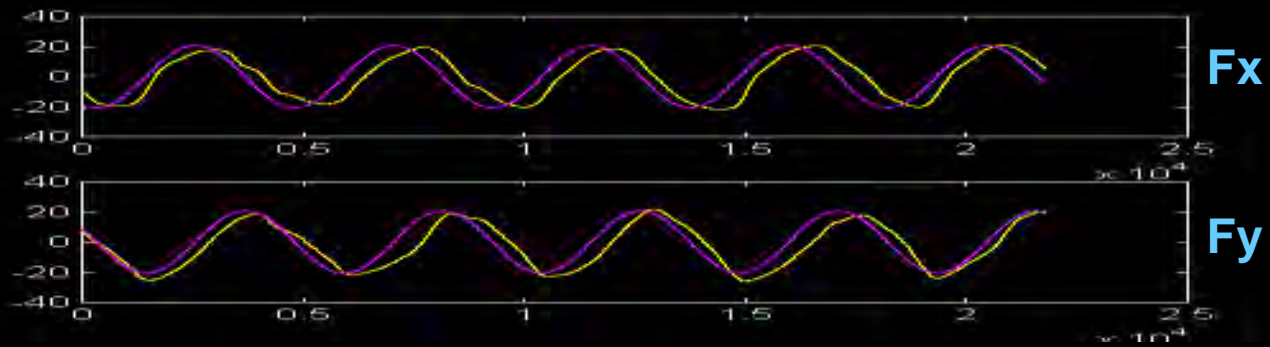
- Joint moment calculations



$$\begin{bmatrix} Ms \\ Me \\ Mw \end{bmatrix} = J^T \begin{bmatrix} F_x \\ F_y \\ T_z \end{bmatrix}$$

$$J^T = \begin{bmatrix} (l_1 \sin \alpha_1 + l_2 \sin \alpha_2 + l_3 \sin \alpha_3) & l_1 \cos \alpha_1 + l_2 \cos \alpha_2 + l_3 \cos \alpha_3 & 1 \\ (l_2 \sin \alpha_2 + l_3 \sin \alpha_3) & l_2 \cos \alpha_2 + l_3 \cos \alpha_3 & 1 \\ l_3 \sin \alpha_3 & l_3 \cos \alpha_3 & 1 \end{bmatrix}$$

Force, N



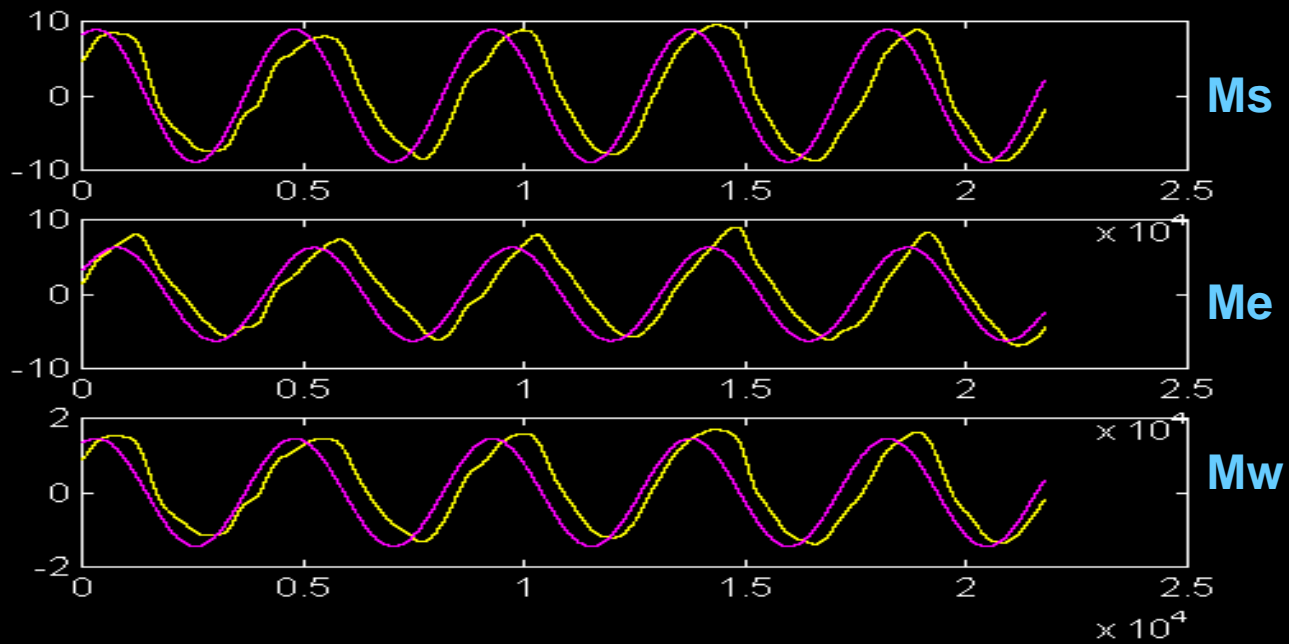
F_x

— target

F_y

— cursor

Joint moments, Nm

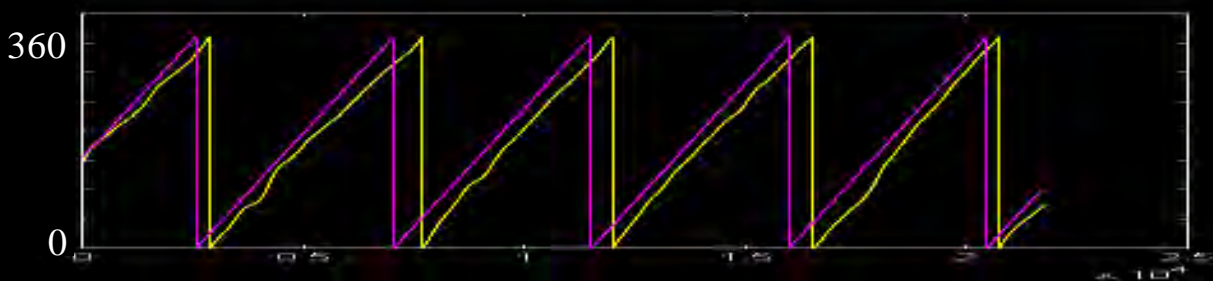


M_s

M_e

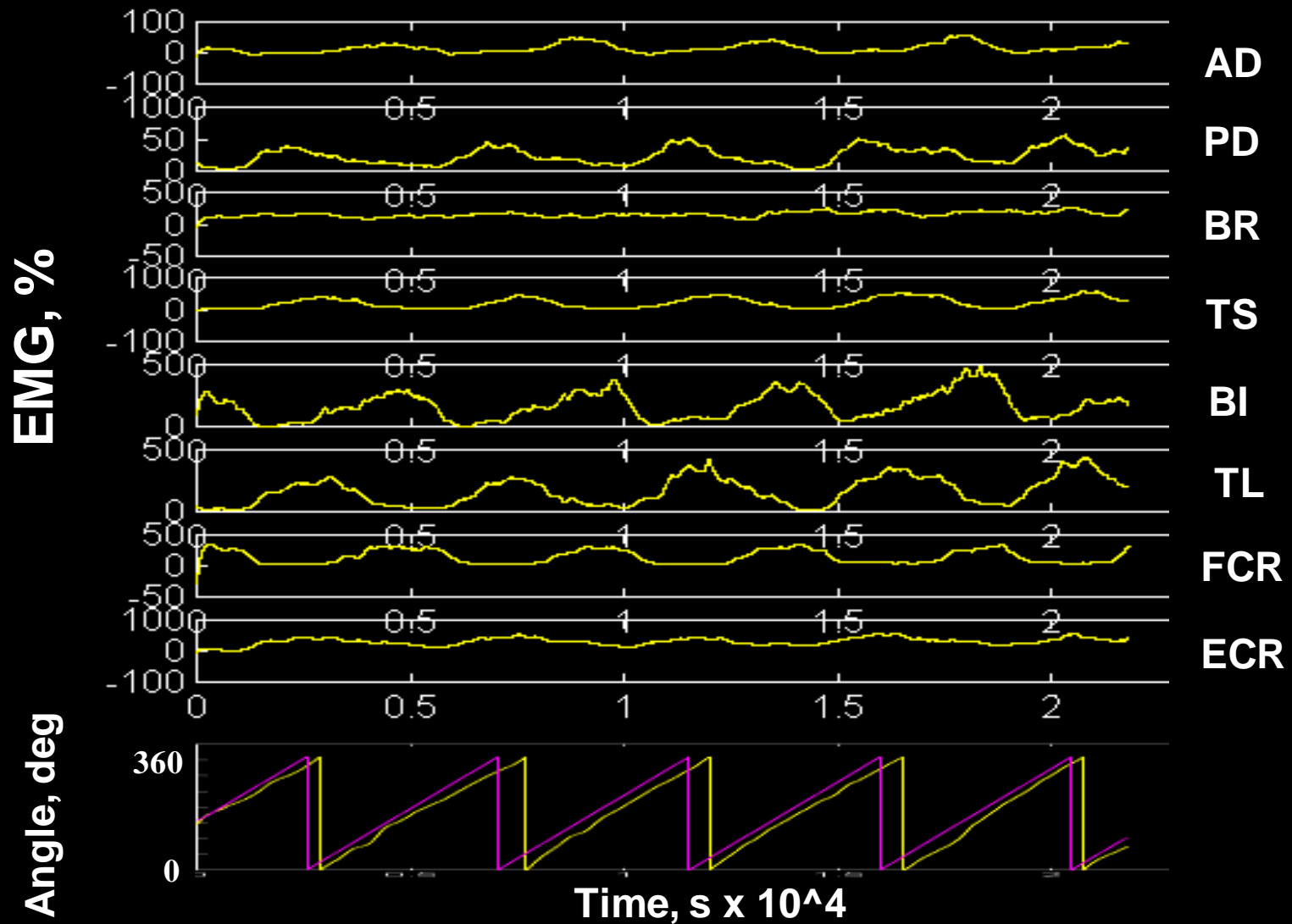
M_w

Angle, deg



Time, s / 10

MUSCLE ACTIVATION

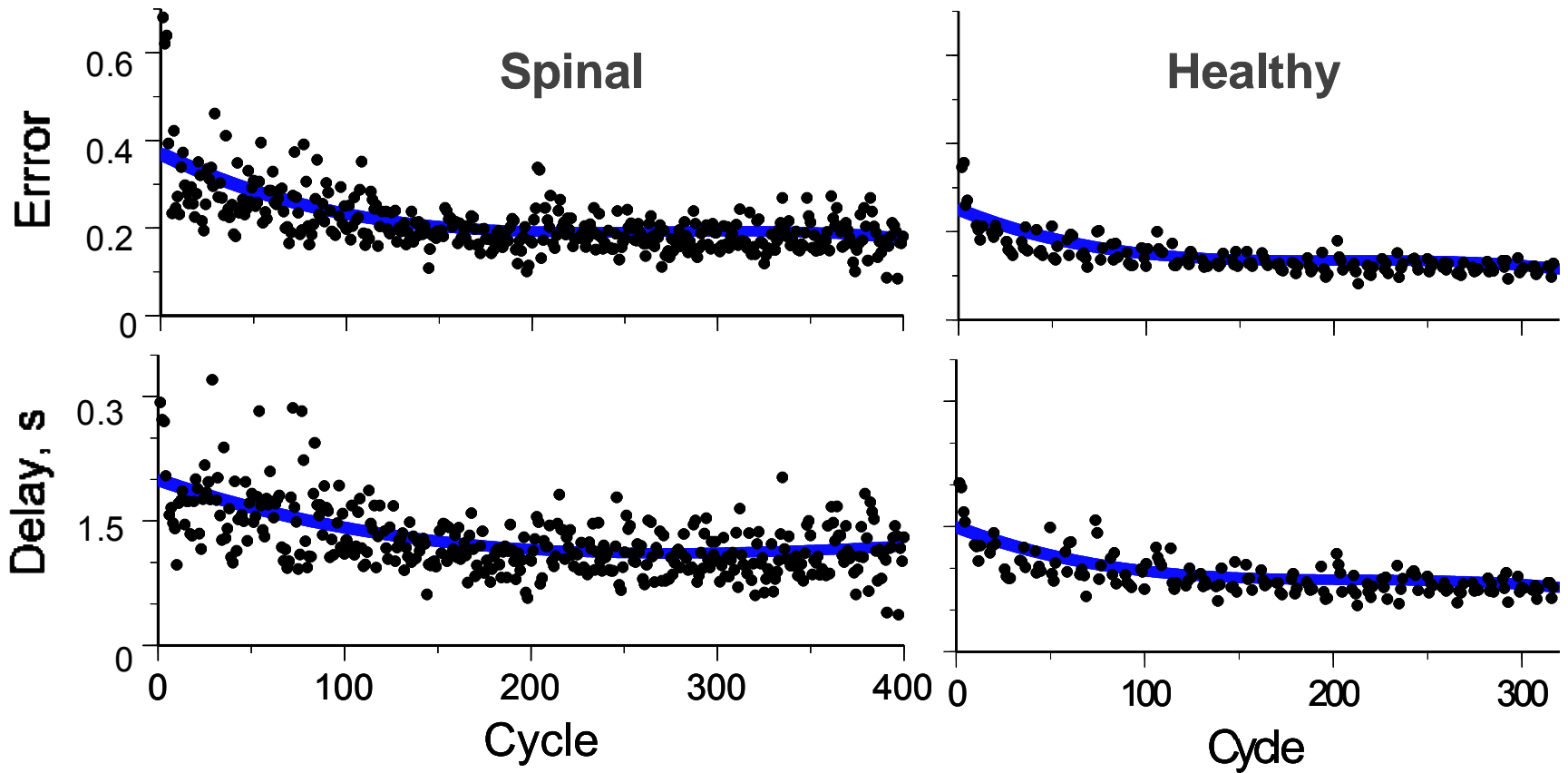


METHODS

- Data analysis
 - tracking error
 - time delay in tracking cycle
 - normalized EMG envelope peak
 - joint moment peak
 - EMG preferred direction for each muscle
 - moment preferred direction for each joint

RESULTS

- Tracking error and delay



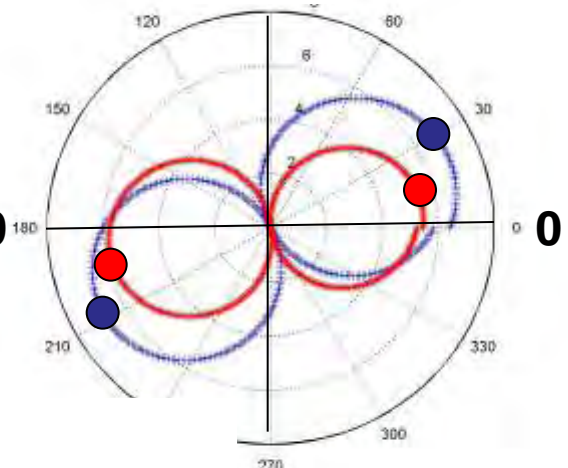
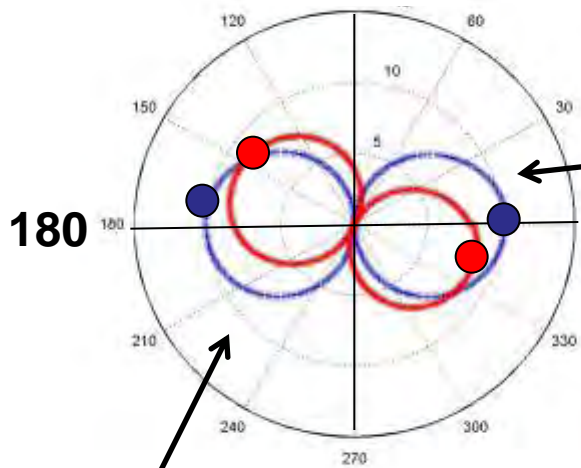
RESULTS

- Joint moments

— SCI
— Control

Shoulder
90

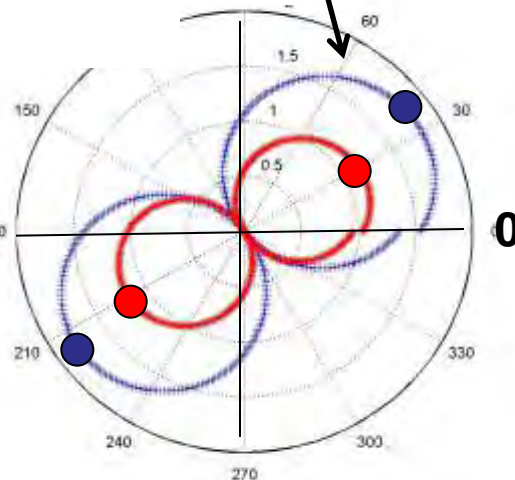
Elbow
90



Extensor moments

Flexor moments

Wrist
90



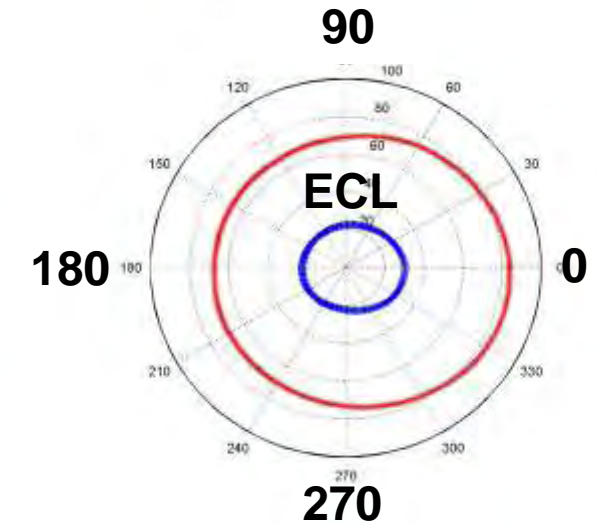
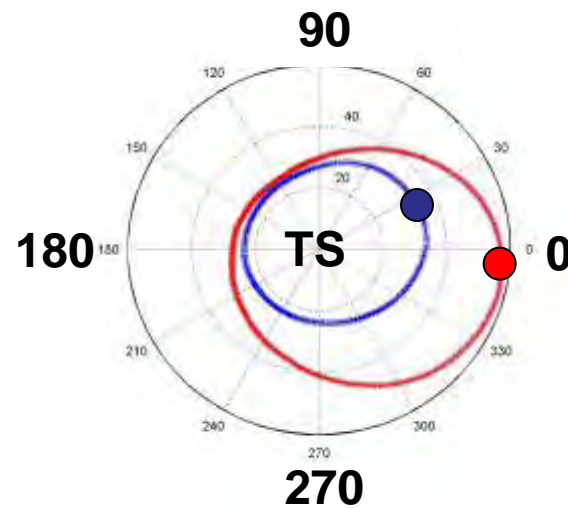
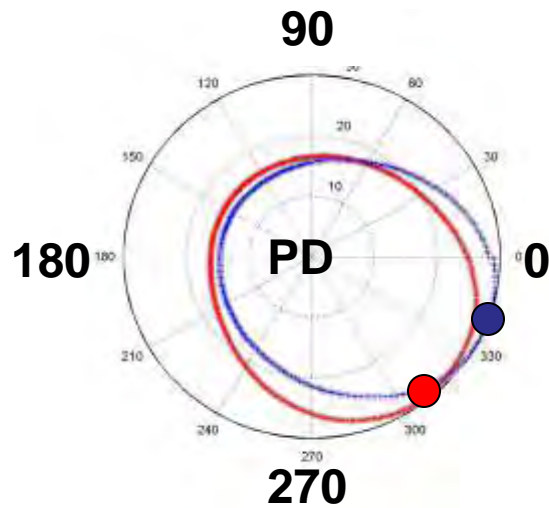
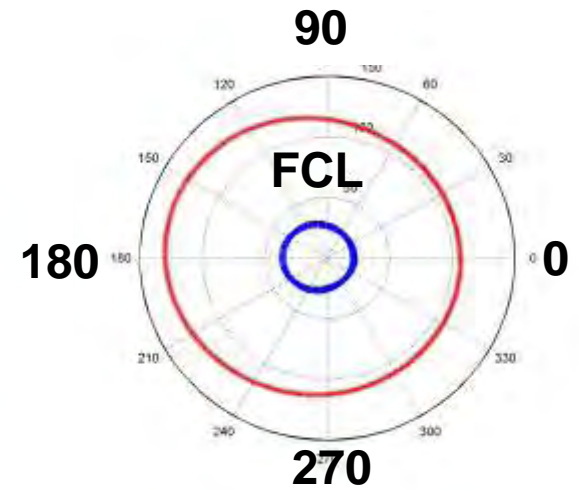
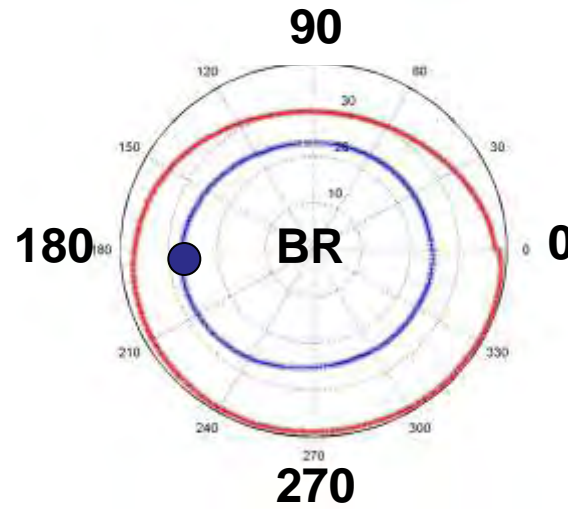
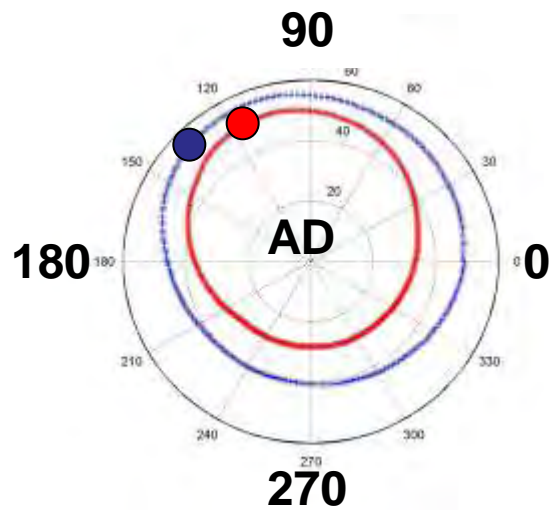
270

270

270

RESULTS

- EMG and preferred direction



Summary

- Human arm is highly redundant
 - 22 joints, 30 DOF, 66 actons, 264 acton actions
 - 3 actons/joint, 2.2/DOF, 12 acton action / joint
- Movement control is simplified
 - kinematic invariants
 - muscle activity invariants
- Multi-joint control task in SCI individual
 - redundancy helps?
- Neuromechanical modeling – helps!
 - SIMM, USA
 - AnyBody Technology, Denmark
 - AnimatLab (GA State University)

Acknowledgments

Shepherd Center, Atlanta

Subjects

L. VanHiel

J. Tidwell

D. Backus

**Center for Human Movement Studies
School of Applied Physiology, GA Tech**

D. Ashley

L. Harley